



PRACTICE FOCUS

Kyle Frost is a North Carolina board-certified specialist in family law, with emphasis on equitable distribution, child custody, child support, alimony, post-separation support, step-parent adoptions, and post-judgment practice including contempt proceedings. His practice encompasses Mecklenburg, Gaston, Union, Iredell, Cabarrus and the surrounding North Carolina counties.

He attended the University at Albany on a Presidential Scholarship, graduating *magna cum laude* with a double major in Political Science and Sociology. During this time, Mr. Frost also became certified to teach English as a Foreign Language (TEFL).

Following college, Mr. Frost spent over a year teaching English in South Korea. He worked in a private school in Seoul developing curriculum, English programs and educating both children and adults that were interested in learning a new language.

Mr. Frost attended Wake Forest University School of Law in Winston Salem, North Carolina. While there he worked as a summer research assistant to Dean Suzanne Reynolds in the field of family law and domestic violence. He also served as a law clerk at a family law firm in Durham, North Carolina. Before graduating in 2013, he also received a 40-hour mediation training certification.

ACTIVITIES

- North Carolina Bar Association: Board Certified Family Law Specialist (2018-present), Family Law Section
- Mecklenburg County Bar Association

POINTS OF DISTINCTION

- *Legal Elite, Business North Carolina* "Young Gun", 2021-2022
- *Super Lawyers, North Carolina* "Rising Stars", 2019-2021
- Best Lawyers in America, "Ones to Watch", 2021, 2022, 2023

EDUCATION

- J.D., Wake Forest University School of Law, 2013
- B.A., Political Science and Sociology, University at Albany, 2008 magna cum laude

ADMISSIONS

- North Carolina
- U.S. District Court
- Western District of North Carolina

AWARDS



KYLE FROST

Counsel, Charlotte

PRACTICE AREAS

- Family Law

COMMUNITY INVOLVEMENT

- Real Men Wear Pink, American Cancer Society
- Bar Leadership Institute